

High COPE Rescue Training

Date: Sunday, May 2, 2010

Time: 4:00 PM–7:00 PM

Location: Eagle Lodge, Camp Ingawanis

To register, complete the following information and turn in this form to the Winnebago Council office. There is no fee, but you must have taken High COPE Instructor Training.

Name: _____ Address: _____

Email: _____ Phone: _____

Overview & Safety

- Rescue training process & objectives for the day
- Rescue protocol - CALMER
 - The Director's role
 - The Instructor's role
 - Communicate with the participant
 - Assist the participant
 - Etriers
 - Ladders
 - Lower the participant
 - Releasable rappel anchors
 - Lowering with belay system
 - Move to the participant
 - Pick-off rescues
 - Haul systems
 - Evaluate the incident
 - Rehearse the process
- COPE rescue equipment
- CPR & First Aid training

Special event rescues

- Zip line rescues
- Flying Squirrel rescues
- Tethered participant/staff rescues

Celebration

Please join us for a barbeque supper at 7:00PM at Eagle Lodge to celebrate your new knowledge! Please RSVP to John Winter at winterj@butler-bremer.com

Rescue Practice Sessions

- Assisted Rescues
 - Ladder
 - Etrier
- Lowering Rescues
 - Belay team lowering
 - Vector lift assist
 - Releasable rappel
- Move to participant rescues
 - 4:1 haul system rescue
 - Pick-off rescue