

Project C.O.P.E. Testimonials

"Lots of people talk about working in groups. This is real group work!"

... Jessie, NICC Student Senate

"This is the best thing I have ever taken kids to do."

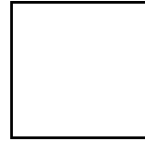
...Marti, High School Counselor

"COPE has proven to be the best hands-on team builder I have seen!"

...Mark, Alpha Phi Omega UNI

"The experience was the greatest our group could have asked for. It brings forth an environment unlike any other!"

...Kellie, University of Northern Iowa



Winnebago Council
Boy Scouts of America
2929 Airport Boulevard
Waterloo, Iowa 50703



Challenging Outdoor Personal Experience 

**Benefiting the Organization and
Individual by Working in Teams**



All organizations need people who communicate, plan, trust, cooperate and work together as a team. Mistrust, miscommunication, mixed agendas and non-cooperation hinder personal and organizational growth. Project COPE helps your organization to build a cohesive working environment.

Winnebago Council
Boy Scouts of America
Waterloo, Iowa

What is Project C.O.P.E.?

Project C.O.P.E. (Challenging Outdoor Personal Experience) is an activity that involves some physical activity, but the philosophies of C.O.P.E. go far beyond the physical challenges involved. The activities in Project C.O.P.E. are designed to benefit the *individual* by working as part of the *group*. It is not



a competitive activity, and one cannot 'fail' at COPE.

Eight major goals are commonly associated with Project C.O.P.E.:

- 1 Teamwork
- 2 Trust
- 3 Communication
- 4 Leadership Development
- 5 Problem Solving
- 6 Decision Making
- 7 Planning
- 8 Building Self-esteem

The Project C.O.P.E. course contains both high and low elements. While the high course is designed to promote initiative and is based on achieving personal goals, the low course focuses on the foundations of team work and problem-solving within a group atmosphere.

The COPE experience offers the creation of a problem solving and decision making process by encouraging the group to perform when the results are uncertain. The COPE experience provides an opportunity for the group to discover that a seemingly insurmountable task or problem can be overcome; all in a safe environment with shared goals, trust, mutual support and encouragement.

Who Can Participate in Project C.O.P.E.?

Project C.O.P.E. is designed for groups interested in developing self-confidence and teamwork in a group setting. Each Project C.O.P.E. experience is designed by our experienced facilitators to meet each group's specific needs and interests. The Project C.O.P.E. course serves businesses and corporations as well as groups from schools, churches and civic organizations. Participants must be age 13 or older.

Who Operates the Course?

Project C.O.P.E. is a program sponsored by the Boy Scouts of America. The Winnebago Area Council, located in Waterloo, Iowa operates its own course under the policies and guidelines set forth by the National Office of the Boy Scouts of America. The facilitators are professionals in the Cedar Valley area, trained at the National Project C.O.P.E. Directors School.

Your Group's Project C.O.P.E. Experience

Project C.O.P.E. is a flexible experience that can be custom designed specifically for your group. Course length can be from a few hours to several days. The experience takes place at Camp Ingawanis near Waverly, Iowa. This program provides a vehicle for groups to challenge themselves to reach personal and team goals. Project C.O.P.E. is designed to break down barriers between individuals and create an atmosphere of shared leadership and problem solving.



More Information about Project C.O.P.E.

Project C.O.P.E. is designed to fit your schedule. Weekday or weekend course are available. The course is operated year-round, however the most popular times are spring and fall. The Winnebago Area Council provides the Course Directors and Instructors, as well as all equipment and modern meeting facilities.

For Additional Information or to Schedule an Event

Contact:
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Project C.O.P.E. participants develop trust among the group in the *trust fall*

"These events are all meant to make the group work together as one unit ... The C.O.P.E. course has seen groups ranging from young Boy Scouts to adults from large corporations."